Protection Against Peroxynitrite-Dependent Tyrosine Nitration and α_1 -Antiproteinase Inactivation by Ascorbic Acid. A Comparison with other Biological **Antioxidants**

MATTHEW WHITEMAN and BARRY HALLIWELL

Neurodegenerative Disease Research Centre, Pharmacology Group, King's College, Manresa Road, London SW3 6LX, UK

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Peroxynitrite, formed by reaction of superoxide and nitric oxide, appears to be an important tissue-damaging species generated at sites of inflammation. In this paper, we compare the abilities of several biological antioxidants to protect against peroxynitrite-dependent inactivation of α_1 -antiproteinase, and to inhibit tyrosine nitration upon addition of peroxynitrite. GSH and ascorbate protected efficiently in both systems. Uric acid inhibited tyrosine nitration but not α_1 antiproteinase inactivation. The possibility that ascorbic acid is an important scavenger of reactive nitrogen species in vivo is discussed.

Keywords: Peroxynitrite, ascorbate, tyrosine nitration, α_1 antiproteinase, reactive nitrogen species, rheumatoid arthritis, methionine, GSH

INTRODUCTION

It is well-known that various reactive oxygen species such as superoxide radical, hydrogen peroxide, hydroxyl radical, and hypochlorous acid, are formed in vivo and contribute to tissue injury in human disease (reviewed in refs. 1-3). Recently, however, there has been considerable interest in reactive nitrogen species as mediators of tissue injury (reviewed in refs. 4,5). Although nitric oxide (NO•) has many important physiological functions[6], its production in excess may contribute to the pathology of neurodegenerative disease, chronic inflammation, acute respiratory distress syndrome, atherosclerosis and septic shock[4-9].

Part of the toxicity of NO• involves its very fast^[10] reaction with superoxide radical (O₂•-) to give peroxynitrite[4], ONOO-

$$O_2$$
 -+NO' \rightarrow ONOO - (1)

Peroxynitrite and its decomposition products induce peroxidation of lipids, oxidize methionine and -SH residues in proteins, deplete antioxidants

Corresponding author: Prof. B. Halliewell.

Present address: Pharmacology Group, King's College, Manresa Road, London SW# 6LX, UK



and cause DNA damage (reviewed in refs. 4,5,11). In particular, addition of peroxynitrite to biological systems leads to nitration of tyrosine residues, and the presence of these has been suggested to be a "marker" of peroxynitrite-dependent damage in vivo[4,7,8,12]. Tyrosine nitration can interfere with signal transduction mechanisms involving phosphorylation/dephosphorylation[13]. Peroxynitrite also inactivates α_1 -antiproteinase^[14], the major inhibitor of serine proteases (such as elastase) in human body fluids[2]. Hence peroxynitrite generation in vivo may be able to facilitate both oxidative and proteolytic damage.

Ascorbic acid (vitamin C) is thought to play an important role in protection against reactive oxygen species in vivo[15-20]. For example, it can scavenge $O_2^{\bullet-}$ and HOCl, reconvert α -tocopheryl radical to α-tocopherol^[17], inhibit lipid-peroxidation catalyzed by haem proteins[20] and protect constituents of the lung lining fluids against inhaled oxidizing air pollutants (reviewed in ref. 21). Ascorbate also reacts with peroxynitrite^[22–24] and addition of peroxynitrite to human plasma caused ascorbate depletion[25]. However, it is uncertain whether or not the rate of reaction of ONOO- with ascorbate is sufficiently high to be of physiological significance[22,24]. The chemistry of peroxynitrite is, however, very complex: different ONOO-derived species may be responsible for damage to different molecular targets[11]. Hence attempting to deduce the relative biological importance of different antioxidants as ONOO- scavengers in vivo on the basis of published rate constants may give misleading results.

In the present paper, we show that physiological concentrations of ascorbate do appear to be able to scavenge peroxynitrite and/or peroxynitrite-derived species, in that they can protect tyrosine against nitration and α_1 -antiproteinase against inactivation upon addition of ONOO-. The protective effect of peroxynitrite was compared with that of methionine and Trolox C and with the known biological antioxidants urate and GSH.

MATERIALS AND METHODS

Reagents

N-succinyl (ala)₃ p-nitroanilide (SANA), catalase (type C40), elastase (E0258), α_1 -antiproteinase (A9024) and D, L-tyrosine were from Sigma. All other reagents including Analar L-ascorbate were from BDH Chemicals.

Peroxynitrite Synthesis[4]

An acidic solution (0.6M HCl) of H_2O_2 (0.7M) was mixed with KNO₂ (0.6M) on ice for one second and the reaction quenched with ice cold NaOH (1.2M). The stock was then frozen overnight (-20°C) and the top layer of the solution collected for the experiment^[4]. Concentrations of stock ONOO- were redetermined before each experiment at 302 nm using a molar absorption coefficient of 1670 cm⁻¹ M⁻¹. Concentrations of 250-300 mM were usually obtained.

Measurement of Tyrosine Nitration

A stock concentration (10 mM) of D, L-tyrosine was prepared by dissolving the required amount in 8 ml of water with 250 μ l 10% (w/v) KOH followed by 250 µl 5% phosphoric acid with 1.5 ml water. 0.1 ml of tyrosine solution together with 0.1 ml of a solution of the compound to be tested was added to a plastic test tube containing 0.795 ml buffer (500 mM K₂HPO₄-KH₂PO₄ pH 7.4) and incubated in a water bath at 37°C for 15 minutes. After this time peroxynitrite (typically 5 µl) was added to a final concentration of 1 mM, the tubes vortexed for 15 seconds and incubated for a further 15 minutes. The pH was measured after the addition of peroxynitrite and found to be 7.4-7.5.

Measurement of 3-nitrotyrosine was performed essentially as described previously^[26] using a Spherisorb 5µm ODS2 C₁₈ column (Wellington House, Cheshire, England) with a guard column (Hibar from BDH, Poole, England)



and C₁₈ cartridge. The eluent was 500 mM KH₂PO₄-H₃PO₄ pH 3.01, with 20% methanol (v/v) at a flow rate of 1 ml min⁻¹ through a Polymer Laboratories pump (Essex Road, Church Stretton, England) and UV detector set at 274 nm. The 3-nitrotyrosine detected was confirmed by spiking with standards. Peak heights of tyrosine and 3-nitrotyrosine were measured and concentrations calculated from a standard curve. The limit of sensitivity was 0.5 µM 3-nitrotyrosine: typical retention time under our experimental conditions was 3.6 min.

Prevention of α_1 -Antiproteinase Inactivation

Elastase and α_1 -antiproteinase were measured essentially as described in ref. 27 α_1 -Antiproteinase was dissolved in phosphate-buffered saline, pH 7.4 (140 mM NaCl, 2.7 mM KCl, 16 mM Na₂HPO₄, 2.9 mM KH₂PO₄) to a concentration of 4 mg/ml and elastase in the same buffer to 5 mg/ml. The volume of α_1 AP needed to inhibit elastase 80-90% (typically 60-70 µl) was added to buffer (500 mM K₂HPO₄-KH₂PO₄ pH 7.4) with or without 0.1 ml compound to be tested to give a volume of 0.945 ml (final α_1 AP concentration 0.3 mg/ml) and incubated in a water bath at 37°C for 15 min, when peroxynitrite (typically 5 μl) was added to give a final concentration of 0.5 mM. The sample was vortexed for 10 seconds and incubated for 5 minutes. Then elastase (usually 50 μl) was added followed by 2.0 ml of buffer and the sample incubated at 37°C for a further 15 min. Then 0.1 ml of elastase substrate (SANA) was added and the rate of reaction followed at 410 nm for 30 sec.

RESULTS

In this paper, we compared the ability of various antioxidants to protect against damage by ONOO- to two molecules, tyrosine and α_1AP . Tyrosine was chosen because its nitration, apparently by ONOO-, has been observed in $vivo^{[4,7-9]}$. α_1AP was selected because it is known to be inactivated in the inflamed rheumatoid joint^[28], and the established generation of ONOO- at this site of inflammation^[9] provides a plausible mechanism^[13].

Inactivation of α_1 -Antiproteinase

The concentration of α_1AP in human plasma is 1.2-1.3 mg/ml, and a lower final concentration of about 0.3 mg/ml was used in our experiments. As expected^[14], addition of ONOO- to α_1 antiproteinase (α_1AP) led to inactivation of the ability of α_1AP to inhibit elastase. Although 12h of incubation was used in the first paper reporting this inactivation[14], we found that reaction was complete within 5 min at physiological pH (Figure 1). The extent of inactivation increased with ONOO- concentration (Figure 2). A 5 min incubation time with 0.5 mM ONOO- was selected for further studies. The ONOO-solution is impure and the possibility that other constituents of the ONOO- solution were involved in the inactivation was investigated. H_2O_2 was not involved: MnO₂ treatment of the ONOO- to remove H₂O₂ did not affect its inhibitory capacity, when allowance was made for the fact that the treatment itself decreased ONOO-concentrations. Catalase (final concentration 10³ units/ml) had no effect on inactivation of α_1 AP by ONOO-. Although incubation of catalase with mM concentrations of ONOO- did cause a partial inactivation of catalase, the rate of this inactivation would be insignificant under our experimental conditions (data not shown). The effect of other constituents was ruled out by showing that "decomposed ONOO-" had no effect on α_1AP : if the ONOO-solution was added to the buffer and incubated for 5 min at 37°C before adding α₁AP the resulting "decomposed ONOO-"[4] solution had no effect on α_1AP .

Figures 2 and 3 show that treatment of α_1AP with ONOO- markedly decreased its ability to inhibit elastase. However, inclusion of ascorbate in the reaction mixtures with α_1AP and ONOO-



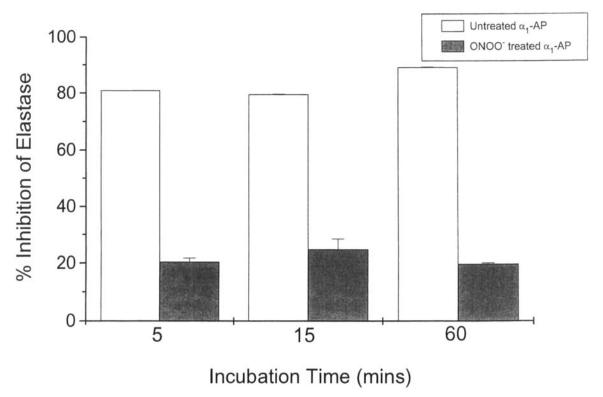


FIGURE 1 Time-Course of Inactivation of α_1 -Antiproteinase by Peroxynitrite. α_1 -Antiproteinase was incubated with a final concentration of 0.5 mM ONOO- for the time indicated and residual elastase inhibitory capacity measured as described in Materials and Methods. Results are mean \pm SE of 4 or more experiments.

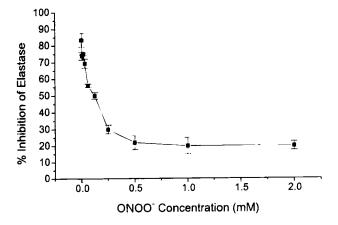


FIGURE 2 Inactivation of α_1 -Antiproteinase by Peroxynitrite: Concentration Dependence. α_1 -Antiproteinase was incubated with ONOO- at the final concentration stated for 5 min and residual elastase inhibitory capacity measured as described in Materials and Methods. Data are mean \pm SE of 4 or more experiments.



protected α₁AP against inactivation in a concentration-dependent manner (Figure 3). Addition of ascorbate after the 5 min incubation of α_1AP with ONOO- gave no protective effect. Figure 3 shows that almost complete protection against the effects of 500 μM ONOO- was given by 300-500 µM ascorbate.

Of course, there may be other molecules that can react with ONOO- in vivo, especially thiols and urate^[4,11,26]. However, Figure 4 shows that urate had no protective effect against α_1AP inactivation, and GSH was generally less protective than ascorbate except at the highest concentration tested (1 mM). Data for Trolox are included for comparison.

Inactivation of α_1 AP by ONOO- is thought to involve attack on methionine residues[14]. Consistent with this, addition of methionine to the reaction mixtures gave excellent protection against α_1 AP inactivation (Figure 4).

Inhibition of Tyrosine Nitration

When the amino acid tyrosine is exposed to ONOO- at pH 7.4, 3-nitrotyrosine is formed[4,12,29]. Figure 5 shows that ascorbate was able to decrease 3-nitrotyrosine formation, in a concentrationdependent manner. Concentrations of 500 µM ascorbate or higher were able to prevent nitration almost completely. GSH and Trolox were approximately equally protective with ascorbate, whereas methionine was less effective and uric acid (at low concentrations) was more effective than ascorbate. Tyrosine could also protect α_1AP against inactivation to some extent (Figure 6).

DISCUSSION

Peroxynitrite generation in vivo is being implicated in a wide range of human diseases, including atherosclerosis[8], lung disease[7], neurodegenerative disorders[5] and chronic inflammation[9,30]. Hence agents able to protect against ONOO--dependent damage may be physiologically important and perhaps therapeutically useful. Ascorbate is present in human blood plasma at concentrations in the 30-100 µM range (higher in lung lining, cerebrospinal and seminal fluids)[15,16,18,19,21] and intracellular ascorbate concentrations, especially in neutrophils, may be in the millimolar range[16,31]. Hence the in vitro protective effects of ascorbate

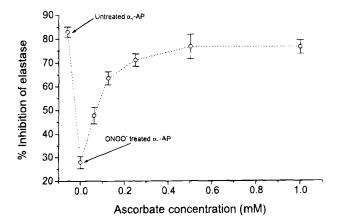


FIGURE 3 Prevention of Peroxynitrite-Dependent α₁-Antiproteinase Inactivation by Ascorbate. α₁-Antiproteinase was incubated with 0.5 mM ONOO- and the final ascorbate concentration stated for 5 min. Residual elastase inhibitory capacity was then measured as described in Materials and Methods. Data are mean ± SE of 4 or more experiments. Control experiments showed that ascorbate had no direct effect on elastase (run experiment without α_1AP added) or on the ability of α_1AP to inhibit elastase (run experiment without ONOO-), nor could ascorbate reactivate α_1 AP after it had been inhibited by ONOO- (add ascorbate after 5 min incubation of α_1AP with ONOO-).



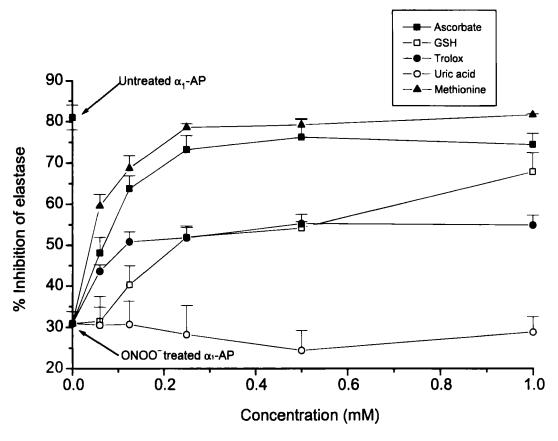


FIGURE 4 Prevention of Peroxynitrite-Dependent α₁-Antiproteinase Inactivation by Ascorbate: A Comparison with GSH, Trolox, Uric Acid and Methionine. Reaction conditions and controls are as specified in the legend to Figure 3: none of the above compounds had any effect on the assay procedures. Concentrations given on the X-axis are the final concentrations in the reaction mixtures.

against ONOO--dependent tyrosine nitration and α_1 AP inactivation reported in this paper could be feasible in vivo. Ascorbate has also been shown to inhibit tyrosine nitration by reactive nitrogen species present in cigarette smoke^[32]. Whether ascorbate is actually an important ONOO-scavenger in vivo will obviously depend upon several factors, including the concentration of ascorbate in relation to other potential scavengers of ONOO-, such as thiols and urate. For example, GSH is present at millimolar levels intracellularly, whereas concentrations in human body fluids are in the low micromolar range, except in lower respiratory tract lining fluid (~100-400 µM)[23]. GSH was approximately equally protective to ascorbate

against tyrosine nitration, but less so against $\alpha_1 AP$ inactivation. Urate, present in human plasma at 150-300 μM concentrations, was very protective against tyrosine nitration but could not protect against α_1 AP inactivation.

Our data indicate that ascorbate appears to be a fairly-good overall protector against ONOO-dependent damage, comparable to GSH. Our data also illustrate the complexities of ONOO-chemistry, as discussed in[11]. Whereas inactivation of α_1 AP might be due to attack of ONOO-itself upon methionine within the protein, as illustrated by the high degree of protection by added methionine, tyrosine nitration is a complex reaction and antioxidants could act not only by scavenging



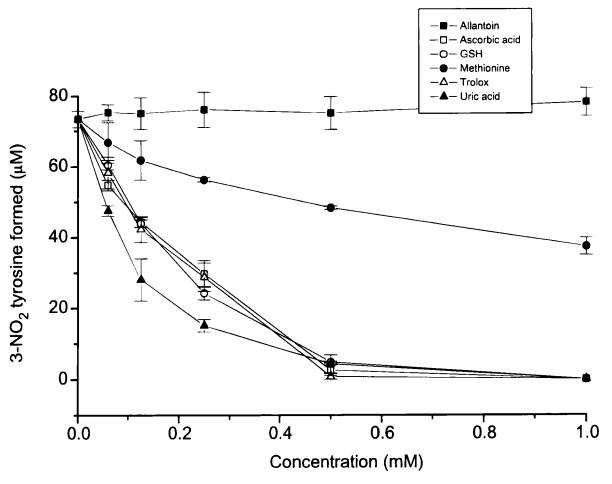


FIGURE 5 Effect of Ascorbate, Allantoin, GSH, Methionine, Trolox, GSSG and Uric Acid on Tyrosine Nitration by Peroxynitrite. DL-Tyrosine (1 mM) was incubated with ONOO- (1 mM) for 15 min at 37°C. Where indicated, antioxidants were present in the reaction mixtures at the final concentrations indicated. Data are mean ± SE of 4 or more experiments. None of the antioxidants tested interfered with HPLC analysis of 3-nitrotyrosine.

ONOO- but also by reacting with tyrosine intermediates or nitrating species such as NO2+ or NO₂.[29,32]. Indeed, methionine was relatively less protective to tyrosine than it was to α_1AP , implying a different reaction mechanism. One striking discrepancy is the effect of urate: highly-protective against tyrosine nitration but not against α_1 AP inactivation. A similar situation has been observed in studies of OH*-mediated damage to proteins (including α_1AP). Urate reacts rapidly with OH but failed to protect, apparently because the resulting urate-derived radicals could also damage the proteins[34,35]. It is unlikely that

ONOO- decomposition produces much OH*, but it is possible that urate radical arising by other mechanisms could inactivate α₁AP^[35]. Allantoin, a major product of oxidative damage to urate^[36] had no effect on tyrosine nitration (Figure 5) or α_1 AP inactivation (data not shown).

Our observations may be particularly relevant in patients with rheumatoid arthritis, in whom 3nitrotyrosine formation has been demonstrated^[9], as has inactivation of α_1AP in the synovial fluid^[28]. Levels of ascorbate in RA patients are sub-normal[37,38], perhaps because it is being consumed by ONOO- and other oxidiz-



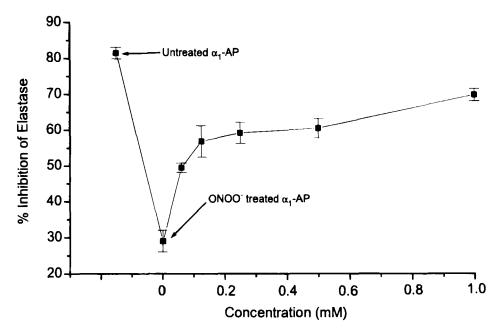


FIGURE 6 Effect of tyrosine on inactivation of α_l -Antiproteinase by Peroxynitrite. Reaction conditions and controls are as specified in the legends to figures 3 and 4. Concentrations on the X-axis are the final concentrations of tyrosine in the reaction mixture.

ing species (such as HOCl[39]) in the inflamed joints. Synovial fluid has little, if any GSH and so the low ascorbate levels in RA may predispose to α₁AP inactivation and resultant proteolytic damage in the inflamed joints.

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